

### 400 Misti - Assoluti Femmine

LIGNANO SABBIA D'ORO, Sabato 25/01/2020 ore 10:46  
Cron: A - Base v.: 50

**Serie**

Pos	Cognome e nome Società	Anno Naz	50m	100m	150m	200m	250m	300m	350m	FINALE	Punti
<b>Categoria M25 - F</b> <span style="float: right;"><i>tempo base 05:06.19</i></span>											
1	<b>TRENTO FEDERICA</b> CENTRO NUOTO ROSA'	1991 ITA	34.98	01:16.55 41.57	02:04.09 47.54	02:49.45 45.36	03:43.01 53.56	04:37.33 54.32	05:16.91 39.58	<b>05:55.73</b> 38.82	860.74
<b>Categoria M30 - F</b> <span style="float: right;"><i>tempo base 05:05.98</i></span>											
1	<b>TERRIBILE ELISA</b> SWIM PROJECT	1990 ITA	44.26	01:35.23 50.97	02:30.68 55.45	03:23.64 52.96	04:24.22 01:00.58	05:26.15 01:01.93	06:15.15 49.00	<b>06:59.33</b> 44.18	729.69
<b>Categoria M40 - F</b> <span style="float: right;"><i>tempo base 05:22.30</i></span>											
1	<b>TREVISAN TIZIANA</b> SERENISSIMA NUOTO CLUB	1980 ITA	56.18	01:58.63 01:02.45	03:05.91 01:07.28	04:08.61 01:02.70	05:07.66 59.05	06:10.67 01:03.01	07:00.36 49.69	<b>07:47.32</b> 46.96	689.68
<b>Categoria M45 - F</b> <span style="float: right;"><i>tempo base 05:29.97</i></span>											
1	<b>VETTORELLO LISA</b> PADOVANUOTO	1975 ITA	35.86	01:20.14 44.28	02:08.47 48.33	02:54.29 45.82	03:48.68 54.39	04:42.99 54.31	05:25.07 42.08	<b>06:05.65</b> 40.58	902.42
<b>Categoria M55 - F</b> <span style="float: right;"><i>tempo base 05:55.06</i></span>											
1	<b>SCARSI SILVIA</b> NUOTATORI VENEZIANI	1962 ITA	57.54	02:06.24 01:08.70	03:13.32 01:07.08	04:20.34 01:07.02	05:24.35 01:04.01	06:28.87 01:04.52	07:26.80 57.93	<b>08:24.59</b> 57.79	703.66
<b>Categoria M60 - F</b> <span style="float: right;"><i>tempo base 06:16.49</i></span>											
1	<b>ABBRUSCATO MARIA FRAN</b> CILO SRL SSD	1957 ITA	01:10.53	02:31.85 01:21.32	03:52.49 01:20.64	05:10.03 01:17.54	06:24.21 01:14.18	07:39.19 01:14.98	08:55.93 01:16.74	<b>10:07.01</b> 01:11.08	620.24